

The Great Race

Hebrews 12:1-13

Prayer Concerns:

Three things we need to run the race: [1-3]

1. _____ us on.

2. _____ from _____.

We're to throw off...

_____ that _____ us _____.

_____ that _____ us _____.

3. A _____ in our _____.

Like Jesus, we're to run with _____ and _____.

Trained through discipline: [4-13]

God's discipline in our lives...

1. _____ we're His _____ children.

2. Drives us _____ of _____ to _____ in Him.

3. _____ us of _____.

4. Produces a _____ of _____ and _____.

5. Is _____ for _____ and _____.

6. _____ us into the _____ of _____.

Personal Study/Growth Group Discussion Questions

Getting Started:

1. What discipline did you sometimes resent as a child that you appreciate now? Practicing a musical instrument? Having a place for everything and everything in its place? Completing homework on time?

Digging Deeper:

Read Hebrews 12:1-13.

1. What comfort do you get from knowing that a cloud of witnesses is watching you run the Christian race?
2. How should Christians “run the race”? What does it mean to throw off sin and hindrances? To “run with perseverance”? To “fix your eyes on Jesus”?
3. How’s the Christian race going for you? How are you encouraged by Jesus’ example?

4. What are some things that hinder your running today that you need to put aside, even if they are not sinful?
5. What does hardship demonstrate about a person’s relationship with God? How should a person respond to God when disciplined? How does Christ’s discipline differ from human discipline?
6. What benefits does discipline bring?

Taking it Home:

1. What are two obstacles that hinder and entangle you in your race?
2. What have you discovered that helps you keep your eyes fixed on Jesus?